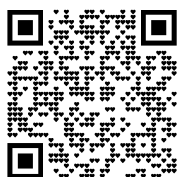


WHAT'S THE HARM?

The everyday impact of
parental drug and alcohol use



Find out more,
access
resources and
get involved:
<https://barnsleyrecoverysteps.org.uk/advice/hidden-harm/>



SCAN ME

In partnership with:



Hidden Harm: the everyday impact of parental drug and alcohol use

Many children and young people are affected by parental drug or alcohol use in ways we may not always see.

Sometimes drug or alcohol use can start to seem normal, making it harder to spot the harm.



What children see growing up can affect their choices later in life.

Sometimes the signs are obvious. Often, they are not.



The Hidden Harm Campaign aims to help families and professionals:

- Recognise the impact that drug and alcohol use can have on family life
- Reducing the harms to children and young people
- Feel more confident talking about drug or alcohol use
- Reduce stigma around parental drug and alcohol use
- Understand where support is available for parents/carers and children/young people
- Improve relationships for parents, children and their families

Hidden Harm is not always visible, but support is available.